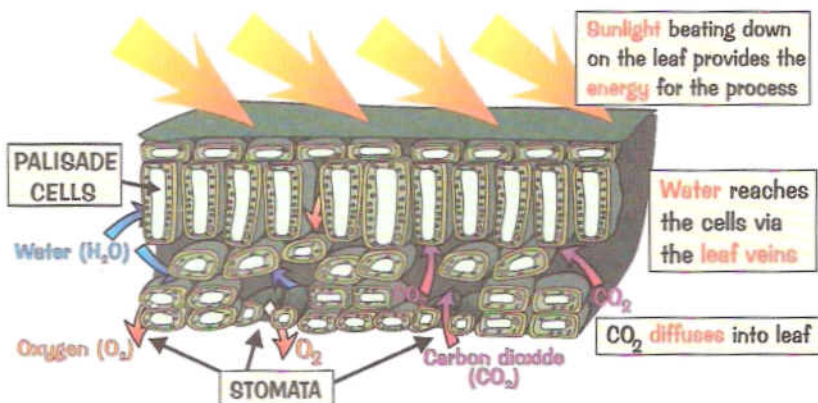


Photosynthesis

Photosynthesis produces glucose from sunlight

- 1) **Photosynthesis** is the process that produces "food" in plants. The "food" it produces is **glucose**.
- 2) Photosynthesis takes place in the **leaves** of all **green plants** — this is what leaves **are for**.



Three Features:

- 1) Leaves are **thin** and **flat** to provide a big **surface area** to catch **lots** of sunlight.
- 2) The **palisade** cells are near the top of the leaf and are packed with **chloroplasts**.
- 3) **Guard cells** control the movement of **gases** into and out of the leaf through pores called **stomata**.

Learn the equation for photosynthesis:



Four things are needed for photosynthesis to happen:

1) **Light**

Usually from the **Sun**.

2) **Chlorophyll**

The **green substance** which is found in **chloroplasts** and which makes leaves look **green**. This is the "magic" stuff that makes it all happen. Chlorophyll absorbs the **energy** in **sunlight** and uses it to combine **CO₂** and **water** to produce **glucose**. Oxygen is simply a by-product.

3) **Carbon dioxide**

Enters the leaf from the **air** through stomata.

4) **Water**

Comes from the **soil**, up the stem and into the leaf.

Live and learn...

What you've got to do now is learn everything on this page. Photosynthesis is certain to be included on the Regents exam. On this page you've got two diagrams, two points about photosynthesis and the equations, and then the four necessary conditions. **Just keep learning them** until you can **cover the page** and write them all down **from memory**. Only then will you really **know it all**.

Cellular Respiration

In all organisms, the **energy** stored in organic molecules may be **released** during **cellular respiration**.

Energy for exercise comes from respiration

Respiration is the **release of energy from food**. When you exercise, you respire more to get more energy. **Glucose** is the main substance used for respiration, but if it's **not available** the body can use **glycogen** (stored energy) or **triglycerides** (lipids). The energy released by respiration is then **stored** as ATP (a **short-term energy store**), ready for use.

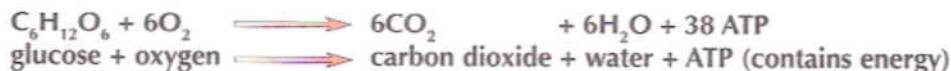
There are two kinds of respiration — **aerobic and anaerobic**. You'll need to know all about both of them for your Regents exam...

Aerobic respiration uses oxygen

Aerobic respiration occurs in cells when there is **oxygen** around. The process of cellular respiration ends in the **mitochondria** of the cell.

Aerobic Respiration —

- 1) Uses oxygen and produces **waste CO₂**, that's released through the **lungs**.
- 2) Releases **more energy** from each glucose molecule than anaerobic respiration.



Anaerobic respiration takes over when oxygen runs out

Anaerobic respiration takes place in cells when all the oxygen has been **used up** — for example, when you're **exercising hard**.

Anaerobic Respiration —

- 1) It's **less efficient** at releasing energy.
- 2) It doesn't need **oxygen** to release energy.
- 3) It produces **lactic acid**, which builds up in the blood. This **lowers the pH** in muscle cells that are respiring anaerobically, which causes the pain known as **muscle fatigue**.



Respiration — even more important than studying...

You don't have to memorize the equations on this page, but you definitely need to understand the two processes of respiration — aerobic and anaerobic. Make sure you are 101% happy with this stuff...