

123 THINGS YOU SHOULD KNOW FOR THE LIVING ENVIRONMENT REGENTS EXAM

1. Amino acids are the individual units that bond together to form a polypeptide (protein).
2. Monosaccharides are the individual units that bond to together to form a polysaccharide (starch).
3. Enzymes are protein molecules that catalyze (speed up) chemical reactions.
4. The shape of a molecule is important to its proper functioning.
5. Bacteria are prokaryotic cells, which lack a nucleus, and other membrane bound organelles.
6. The nucleus contains DNA in eukaryotic cells.
7. Chloroplasts are organelles found in autotrophic cells that produce glucose in the process of photosynthesis.
8. Mitochondria are the organelles where aerobic cellular respiration occurs to produce ATP energy in cells.
9. The cell membrane is a selectively permeable boundary around a cell.
10. Diffusion from high to low concentration will occur across a membrane if the molecules are small and uncharged.
11. A large surface area will allow for a fast rate of diffusion into a cell. (e.g. root hairs, villi)
12. Active transport occurs when membrane proteins use ATP energy to carry materials into and out of a cell.
13. Specific molecules (hormones) attach to receptor proteins in cell membranes.
14. Many of the cells inside the human body are differentiated to carry out specific functions. All cells have the same DNA, some genes are turned on and others turned off, causing cells and tissues to differentiate.
15. Mitosis involves a diploid cell dividing into two identical daughter cells.
16. Cancer involves body cells dividing uncontrollably by mitosis.
17. Meiosis is the process of producing haploid (monoploid) cells.
18. Meiosis is one factor responsible for producing variation among the gametes produced by an organism.
19. New individuals of an existing species are produced through the process of reproduction.
20. Asexual reproduction produces offspring that are genetically identical to the parent organism.
21. Modern cell biology techniques allow complex organisms such as mammals to be cloned.
22. DNA mutations and chromosomal abnormalities may be passed on to the next generation **ONLY** if they are located in gametes (sex cells).
23. Testosterone is the hormone that stimulates gamete (sperm) production and the formation of secondary sex characteristics in males.
24. Fertilization is the process that involves the fusion of a haploid sperm cell with a haploid egg cell to form a diploid cell called a zygote.
25. Cleavage is a type of mitotic cell division without a change in cell size involved in embryonic development.
26. During intrauterine development in humans the amnion and placenta are necessary to maintain homeostasis.
27. If parents with desirable characteristics are selected to mate, the chance that their offspring will possess the alleles for these characteristics is high.
28. Genetic diseases are inherited through DNA codes and are transmitted from parents to offspring during sexual reproduction.
29. Each chromosome holds hundreds of genes. 46 chromosomes hold 20,000 – 25,000 genes.
30. Environmental factors such as temperature and light can turn on and turn off genes in organisms.
31. DNA replication involves making an identical copy of a cell's DNA.
32. DNA replication involves matching nucleotide bases together using the law of complementary base pairing.
A-T and C-G
33. During DNA replication, the double strand of DNA unzips, as weak H-bonds between the base pairs are broken.
34. DNA → RNA → Protein
35. DNA mutations may result in the production of abnormal proteins that do not function correctly, or in the stopping of protein production.
36. Insertion of recombinant plasmids into bacterial cells by transformation will allow them to produce new proteins.
37. Electrophoresis is a technique used to separate fragments of cut DNA according to size.
38. Organisms have different structural, behavioral or procedural adaptations to carry out life functions.
39. Natural selection is the process that may lead to the evolution of new species.

40. The fossil record provides evidence that evolution has occurred.
41. The first living organisms were single celled prokaryotic organisms.
42. The rate at which evolution occurs varies from species to species.
43. The allele frequency in a population is the percentage of alleles for a specific characteristic.
44. When a small group of individuals is separated from the main population, they may evolve into a new species that is specialized for a different environment or become extinct.
45. Changes in genes result in variations that may lead to the formation of new species.
46. Changes in genes make evolution possible.
47. If a population has a wide range of variation due to genetic diversity, it gives the population an increased ability to adapt if the environment ever changes drastically.
48. Organs and systems in the human body help maintain homeostasis.
49. Enzymes in the digestive system are responsible for the hydrolysis (breaking down) of carbohydrates, proteins, and lipids.
50. The circulatory system is responsible for moving plasma and cells to all regions of the body through the blood vessels, while the lymphatic system moves fluid through lymph nodes to filter phagocytized bacteria and other debris.
51. The right side of the heart is the pump that moves deoxygenated blood to the lungs and the left side of the heart is the pump that moves oxygenated blood to the body's cells.
52. White blood cells fight pathogens in the body.
53. Antibodies are proteins produced by white blood cells in the human body that attach to invading pathogens and clump them together: antigen-antibody complex.
54. When a person gets an organ transplant, the cells of the implanted organ are recognized as foreign invading cells by the recipient's immune system.
55. Vaccines are dead or weakened forms of pathogens.
56. The nervous system and endocrine system allow cells within multicellular organisms to communicate and coordinate their actions.
57. Hormones are specific chemical messenger molecules that travel through the blood and attach to receptor proteins on the surface of **target** cells.
58. The hormone insulin is secreted from the pancreas and lowers the glucose level in the blood.
59. Hormonal feedback mechanisms maintain homeostasis in the human body.
60. The kidneys regulate urine composition & water balance in the blood by filtering & reabsorbing molecules.
61. Stomates maintain homeostasis in leaves by regulating gas exchange and water loss.
62. Chlorophyll in chloroplasts captures light energy from the sun to power the process of photosynthesis.
63. Carbon dioxide gas is consumed in photosynthesis, while oxygen gas is produced in photosynthesis.
64. Glucose is the product of photosynthesis and serves as a food source within cells.
65. Cellular Respiration is the process of producing ATP energy from glucose and oxygen in mitochondria.
66. Carbon dioxide is the waste gas produced in cellular respiration and excreted through the lungs.
67. All organisms carry on respiration to breakdown glucose and produce ATP energy molecules.
68. Photosynthesis and respiration are responsible for the stable levels of oxygen and carbon dioxide in the Earth's atmosphere.
69. Energy is transferred from one organism to another within a food web.
70. Decomposers are responsible for recycling materials when they breakdown dead organisms.
71. Food chains always begin with a producer, progress with a series of consumers, and end with decomposers.
72. Only 10% of the energy progresses from one level of the food chain to the next level because energy is used in metabolism.
73. Plants hold most of the energy in the ecosystem and are at the base of an ecosystem's energy pyramid.
74. If the population of one organism in a food web increases or decreases, it will affect all the other organisms in the food web with which it is linked.
75. In a host-parasite symbiotic relationship, one organism (host) is harmed while the other benefits (parasite).
76. Stable ecosystems have a complex food web and high biodiversity.
77. Climax communities develop in ecosystems over many years through the process of ecological succession.
78. Water ecosystems: pond and lakes into marshes, into swamps, into dry land.

79. Land ecosystems: rock into soil by lichens' acid secretions → mosses → grasses → into shrubs → into conifers → deciduous forests (leafy trees), called a climax community: the most mature kind of community.
80. Ecosystems containing climax communities will remain stable unless a natural disaster or pollution disrupts them.
81. Human population on Earth has exponentially increased in the past 60 years due to a decrease in disease.
82. An increase in human population has caused a depletion of the world's finite (limited) resources and an increase in environmental damage.
83. Pollution by humans has disrupted the balance in many ecosystems and has endangered many species.
84. Acid rain is a major environmental problem caused by factory emissions containing nitrogen and sulfur.
85. Chemical pesticides and wastes that enter into the environment affect wildlife and may cause a decrease in biodiversity.
86. Destruction of the ozone layer by pollution (CFC'S) results in more ultraviolet rays reaching the surface.
87. Increased levels of greenhouse gases (CO₂ and methane CH₄) in the atmosphere have led to global warming.
88. Importing species from other ecosystems (invasive aka non-native species) into an area may cause an imbalance in the food web and environmental destruction.
89. When a population's size is too large, competition for resources increases between members of the species.
90. The carrying capacity is the maximum number of individuals that can survive on the resources that are present in an area.
91. Biological controls are better than chemical controls for regulating the size of populations.
92. Chemical pesticides damage the environment, but only provide a short-term solution to insect population problems.
93. The problem is what is being investigated and is written in question form.
94. The hypothesis is a testable possible solution about the answer to the problem and is a statement written in a sentence. **IT IS NEVER WRITTEN AS A QUESTION**
95. A conclusion is determined from data in an experiment and is stated as a complete sentence.
96. An experiment must be completed several times before results are considered valid.
97. The dependent variable is the numerical data obtained during the experiment; the measured variable.
98. The independent variable is the factor being tested that will influence the dependent variable.
99. Every experiment must have a control.
100. Conditions in an experiment must be exactly the same for all test tubes or test subjects. Only the single variable condition being investigated should differ.
101. Always use multiple set-ups at each condition and average the results to obtain valid data. Each setup must contain an organism of the same species and exactly the same conditions.
102. Open the diaphragm of the microscope to adjust the brightness and only use the fine adjusting knob when focusing using high power magnification.
103. Wet mount slides must be prepared to view live specimens under a microscope.
104. Bromothymol Blue is an indicator for carbon dioxide.
105. Iodine (Lugol's solution) is an indicator for starch (polysaccharide).
106. Wide range pH paper can be used to determine the acidity or basicity of a solution.
107. Benedict's solution is an indicator for glucose and must be heated.
108. An inference is an idea based on observations.
109. Data tables are used for organizing scientific data.
110. The independent variable is placed on the X-axis
111. The dependent variable is placed on the Y-axis.
112. Be sure the axes are labeled and start at zero and are divided into evenly spaced intervals.
113. Use most of the graph when making a graph (at least 75% of the space available).
114. Gradualism: evolution occurs at a slow and steady pace (Darwin).
115. Punctuated Equilibrium: Evolution occurs rapidly with interspersed periods of stability (Gould).
116. A stimulus is a change in the environment.
117. Negative feedback opposes original stimulus.
118. Positive feedback reinforces original stimulus.
119. Organisms do NOT change because they need to (Lamarck).

- 120. Organisms with favorable characteristics are able to survive if they environment changes.
- 121. Ribosomes are the site of protein synthesis.
- 122. The nucleus contains the coded set of instructions (DNA) for how the cell operates.
- 123. Diffusion continues once equilibrium is reached but there is no **NET** movement of molecules.